

# RIPSTIX<sup>®</sup>

## PERFORMA-BUILD<sup>™</sup> PROTEIN

Ripstix<sup>®</sup> Performa-Build<sup>™</sup> Protein was expertly formulated with a precise balance of nutrients to show the results of your hard work. Each serving of Performa-Build Protein packs 30 grams of high-quality, performance-based plant protein. The formula includes Zija's exclusive Moringa Protein and other valuable ingredients such as pea protein, rice protein, and pumpkin seed protein (as Smooth Protein<sup>™</sup>). These ingredients provide a complete profile of essential amino acids to promote lean muscle growth, recovery, and a complete body transformation.

### KEY BENEFITS

- Helps protect and build lean muscle mass
- Promotes performance level, energy, and drive
- Aids in muscle recovery
- Improves endurance during physical activity
- Supports fat storage prevention
- Provides 30 grams of plant-based protein

### KEY INGREDIENTS

- Plant Protein Blend (Moringa Leaf Protein, Pea Protein, Rice Protein, Pumpkin Seed Protein (as Smooth Protein<sup>™</sup>)): Provides a complete profile of amino acids to aid in muscle growth, recovery, and appetite suppression.
- BCAAs (Branch Chain Amino Acids): An essential nutrient that the body obtains from proteins that has demonstrated, through clinical research, reduced muscle protein damage and increased endurance.
- EnXtra<sup>™</sup> (Alpinia galanga) Extract: A natural, stimulant-free botanical. Supports mental alertness, acuity, and energy.
- Robuvit<sup>®</sup> French Oak Extract: Contains a high flavonoid content of roburin and includes castalagin, grandinin, vescalin, and other ellagitannin flavonoids. Research shows consumption of Robuvit elevates protein and enzyme synthesis capacity and increases energy and endurance.
- Creatine Monohydrate: A compound formed in protein metabolism and present in living tissue. It is involved in the supply of energy for muscular contraction. Backed by numerous clinical studies, supplementation with creatine has demonstrated improvements in exercise performance, muscle mass, strength, and endurance.
- CarnoSyn<sup>®</sup> Beta-Alanine: An amino acid that acts as the building block for protein. Although beta-alanine can be created in the body, studies have proven that oral supplementation of beta-alanine increases muscle strength, endurance, and elevates muscle carnosine levels.

### DID YOU KNOW?

- Alpinia galanga Extract (EnXtra<sup>™</sup>) increases the duration of the effects of caffeine. Thus, combining Core Moringa<sup>®</sup> XMburn<sup>®</sup>, XM3<sup>®</sup>, or XMam<sup>™</sup> prior to a workout will increase the effects and benefits of natural caffeine utilized in these products.
- Ripstix Performa-Build is free from allergens, GMOs, artificial colors, flavors, sweeteners, and preservatives.
- Muscle atrophy can occur in as little as a week if muscles are not utilized or given proper nutrition to feed or maintain muscles. Essential amino acids found in protein are one way to protect muscles from atrophy.
- Protein is a macronutrient that provides energy and supports lean muscle mass in the body. Protein is also crucial to other body properties, including red blood cell production, organ function, mobility, joint integrity, muscle tone, and immune function, just to name a few.

### SEE THE ZIJA DIFFERENCE

Visit [zijadifference.com](http://zijadifference.com). Enter the unique lot code found on the bottom of your Ripstix Performa-Build canister, and gain access to the tests performed on the product and the results.

### SUGGESTED USE

Combine two (2) level scoops of Ripstix Performa-Build in 6-10 oz of cold water, milk, or your favorite beverage. Mix in Zija Shaker Bottle until powder has dissolved completely. Consume before and/or after your workout. For weight management support, take Ripstix Performa-Build within two (2) hours of waking.



## SUPPLEMENT FACTS

15 Servings Per Container  
Serving Size: 2 SCOOPS (54.3g)

Amount Per Serving	% Daily Value *
<b>CALORIES</b>	<b>195</b>
<b>Total Fat</b> 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	†
<b>Cholesterol</b> 0mg	0%
<b>Total Carbohydrate</b> 9g	3%
Dietary Fiber 3g	11%
Total Sugars 5g	4%
Includes 5g Added Sugar	10%
<b>Protein</b> 30g	60%
<b>Vitamin D</b> 0mcg	0%
<b>Calcium</b> 65mg	5%
<b>Iron</b> 10mg	56%
<b>Potassium</b> 124mg	3%
Ripstix Performa-Build <sup>™</sup> Proprietary Blend	33.71g †

Proprietary Blend (Pea Protein, Rice Protein, Pumpkin Seed Protein (as Smooth Protein<sup>™</sup>), Moringa Protein), Creatine Monohydrate, L-Leucine, CarnoSyn<sup>®</sup> Beta-Alanine, MCT Oil Powder, L-Valine, L-Isoleucine, EnXtra<sup>™</sup> (Alpinia galanga) Extract, Robuvit<sup>®</sup> French Oak Extract (100 mg), Protease Enzyme Blend.

\* Percent Daily Value is based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Cane Juice, Natural Flavors, Fructooligosaccharides, Organic Coconut Palm Sugar, Molasses, Inulin, Malic Acid, Xanthan Gum, Beet Root Powder, Stevia Leaf Extract, Guar Gum, Honey Powder, Chia Seed, Rice Syrup Solids, Monk Fruit Extract.



Free from Allergens, GMOs, Artificial Colors, Flavors, Sweeteners, and Preservatives.

**NOTE:** A 100%, plant-based, vegan, gluten free, performance protein packed with key nutrients to fuel your workout. Great natural strawberry flavor!

**CAUTION:** Those who are pregnant, breastfeeding or who have a known medical condition should consult a physician prior to taking a new supplement. Store in a cool, dry place.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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15 serving tub. | SKU# 104126 | Whsl. \$65.00 | Retail \$86.00 | PV: 35